

IV Liquid Nutrition - The Ultimate Boost

What is Intravenous Nutritional Therapy?

Intravenous (IV) nutritional therapy is used to deliver vitamins, minerals, amino acids and other vital nutrients/ medications directly into the bloodstream guaranteeing maximum effectiveness. A small intravenous catheter is temporarily placed into a vein as the nutrients are introduced slowly according to cocktail being administered. IV Boosters consist of a 60ml syringe pushing the mixture of nutrients into the vein over a period of 5-20 minutes. Comprehensive IV's use a hanging bag mixture of IV nutrients that is slowly dripped into the vein over a 30-120 minute time frame. Vitamins, minerals, amino acids and certain other nutrients can produce potent drug-like effects when given through an IV, but without the side effects of many prescription medications. IV therapy can be utilized for immediate results with booster infusions or spread out into comprehensive programs for long term results.

What about oral supplements?

IV therapy is particularly beneficial since the majority of vitamin and mineral oral supplementation is not well absorbed by the digestive system. This poor absorption results in unknown deficiencies and health issues that can plague ones quality of life. But with IV therapy, large doses of nutrients can safely be introduced into the body at levels that would not be able to be obtained with oral supplementation.

What can be treated with IV Therapy?

Hangovers/Recovery
Fatigue/Weakness
Depression/Anxiety
Headaches/Fibromyalgia/Pain
Mental Clarity/Memory
Sexual Health/Enhancement
Allergies/Sinusitis
Bacterial and Viral Infections
Environmental Toxic Poisoning
Fat Loss/Physical Enhancement

Custom Formulation can be created by Dr. Rusilko to fit any need or desire.



What are the benefits of Intravenous Nutritional Therapy?

Depending on each patient's condition or desire IV nutrition can provide spectacular results. The number of treatments and the overall health of the patient being treated dictates the success rate of IV nutritional outcomes. It is a preventive anti-aging measure because it optimizes the nutritional makeup inside of the cells. Other benefits include: (1) increased libido & energy, (2) enhanced mentality and sense of well being, (3) Improved fat loss & sports performance, (4) Improved healing and recovery from exercise, a night out and surgical procedures, (5) Enhanced immune support against pathogens, (6) stress & anxiety relief, and (7) detoxification of environmental and internal toxic byproducts. Many of these benefits are seen within hours of receiving the treatment. Some chronic conditions require numerous treatments in order to maintain the benefits.

What are the side effects of Intravenous Nutritional Therapy?

Complications of IV therapy include pain, irritation, inflammation or bruising at the injection site. The possibility of systemic complications such as an allergy can occur, but is rare. Certain blood disorders may not be compatible with certain ingredients in IV cocktails and will be discussed during the initial consultation before receiving a treatment. Overall, IV therapies are well tolerated and pose minimal if any negative side effects.

How do I get started?

The first step in getting started is to schedule a initial assessment consultation to determine the course of treatment, review your medical history and determine the ingredients for your cocktail. Booster IV's can be administered on the day of consultation with Comprehensive IV regimens requiring extensive lab testing.



Day of the IV

Be sure to drink plenty of water to improve hydration and plasma volume. This ensures that the venous puncture is easy and there is less of a chance of nausea during treatment. Alcohol immediately before is contradicted. Expect to consult with the physician before receiving your IV. Dr Rusilko will discuss all the options and customize your IV around your desires.

The Injection

The initial venous puncture will cause minimal discomfort since the size of the IV needle is very small. During the injection one may experience a feeling of warmth, slight light headedness, mild nausea, and a metallic taste in their mouth depending on what IV was selected.

Post Injection

After the infusion everyone's body will adjust to whichever IV was selected. Increased energy, decreased stress, improved mentality and enhanced libido are just a few of the positive side effects that can be seen.

“You are your most important asset... Invest in Yourself.” ~ Dr. Ivan Rusilko