

# Airborne & Food Allergies

## IgE Assay

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 CLIA No. 10D0284781 - State license inquiries, inquire to the above.

**Patient Name:** Sample Patient  
**Lab ID Code:** 300081  
**Spec. Coll. Date:** 17-Feb-08  
**Test Date:** 13-Feb-08  
**Test Panel:** Standard Food/Mold

**Physician:** Sample Physician  
**6801 Powerline Road**  
**Fort Lauderdale, FL 33309-2215**

### Foods

Almond	Carrot	Egg, Yolk (+3)	Pork	Turkey
Barley	Celery	Garlic	Potato	Wheat
Bean, Soy	Cheese, Cheddar	Milk	Rice	Yeast, Baker's
Bean, White	Clam	Oat	Salmon	
Broccoli	Corn	Onion	Shrimp	
Cabbage	Crab	Orange	Tomato	
Cauliflower	Egg, White	Peanut	Tuna	

### Molds

Alternaria (+1)	Aspergillus	Candida	Cladosporium	Penicillium
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The total number of IgE allergic reactions is 2, which is 6 percent of the 36 allergens tested.

### Scoring and Evaluation (Key)

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0	Non-Detectable
+1	Low
+2	Moderate
+3	High
+4	Very High
+5	Very High
+6	Very High



Laboratory Director

## Allergen Avoidance Recommendations:

**Patient Name:** Sample Patient  
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**Physician:** Sample Physician  
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Your test results indicated that you have an allergic reaction to MOLDS.  
The following recommendations will help you minimize your exposure to MOLDS.

- SUGGESTION 1:** Eliminate dampness in your home – check walls and roof for leaks. Waterproof wall and ceilings before painting.
- REASON:** Mold thrives in damp conditions.
- SUGGESTION 2:** Do not wallpaper walls – paint instead.
- REASON:** Molds grow on wallpaper and in wallpaper paste.
- SUGGESTION 3:** Avoid carpets as floor covering. Replace with wood floors, vinyl, or ceramic tile or terrazzo.
- REASON:** Molds grow in carpet pile. Carpets also trap dust which can cause allergic reactions.
- SUGGESTION 4:** Allow good air circulation in closets. Leave space between hanging clothes and check leather clothing, belts, shoes and luggage for signs of mold growth.
- REASON:** Mold grows in damp, enclosed environments, especially on leather items.
- SUGGESTION 5:** Keep bathrooms and laundry rooms well aired. Spread out towels and washcloths for fast drying. Dry clothes as soon as they are taken from the washer.
- REASON:** Mold grows rapidly in damp conditions and on damp fabrics.
- SUGGESTION 6:** Regularly inspect bathrooms and laundry rooms for mold growth. Look for evidence of discoloration in tile grout and caulking. Do not forget to check under sinks, around the commode, shower curtains and shower door runners.
- REASON:** Molds thrive in damp environments.
- SUGGESTION 7:** In humid conditions, use air conditioning or a dehumidifier.
- REASON:** Molds do not grow well in dry environments.
- SUGGESTION 8:** Avoid foods which contain molds or are related to molds such as mushrooms, yeast containing foods, fermented meats and pickles, smoked fish and meats.
- REASON:** Inhalant allergy symptoms may be aggravated by consumption of foods.

# Candida albicans

## Immunodiffusion & ELISA IgG Assay

**Patient Name:** Sample Patient  
**Lab ID Code:** 502829  
**Testing Date:** 17-Feb-08  
**Spec. Coll. Date:** 13-Feb-08

**Physician:** Sample Physician  
**6801 Powerline Road**  
**Fort Lauderdale, FL 33309-2215**

Candida albicans is a common yeast which normally exists on and in our bodies. Sometimes Candida can 'overgrow' in the intestinal tract as a result of frequent dosage of antibiotics or steroids, use of oral contraceptives and diets high in sugar and yeast-containing foods. Candida albicans infection elicits the production of immunoglobulins which can be detected by immunodiffusion or ELISA tests.

### YOUR TEST RESULTS ARE: **Positive**

<b>Immunodiffusion Test:</b>	<b>Negative</b>	<b>ELISA Test:</b>	<b>Weakly Positive</b>
<b>Number of Bands Observed:</b>	<b>0</b>	<b>IgG Antibody Titer:</b>	<b>1:3000</b>

This finding suggests that your current health **is** influenced by Candida overgrowth.

### ELISA KEY – Scoring and Evaluation

Antibody Titer: <1:3000 Negative  
                   1:3000 Weakly Positive  
                   1:5000 Positive  
                   >1:5000 Strongly Positive

Note: In addition to following the Immuno diet it is also very important that you avoid all yeast-containing foods, beverages and fermented food products. Check with your healthcare professional for the specific program recommended in your case.

*IMPORTANT: To monitor your progress, it is recommended to retest your Candida antibody level again in six months. Food sensitivities and poor digestion and assimilation of nutrients are commonly related conditions with Candida overgrowth. Further evaluation may be advisable through the Immuno 1 Bloodprint™ for food sensitivities.*

*These IgG ELISA test results should be interpreted together with all other laboratory data, including treatment history, in arriving at a diagnosis of delayed food sensitivity.*

*This test was developed and performance characteristics determined by Immuno Laboratories. It has not been cleared or approved by the U.S. Food and Drug Administration.*

Laboratory Director

# Helicobacter pylori

## IgG Helicobacter pylori Antibody Assay

**Patient Name:** Sample Patient  
**Lab ID Code:** 502829  
**Testing Date:** 17-Feb-08  
**Spec. Coll. Date:** 13-Feb-08

**Physician:** Sample Physician  
**6801 Powerline Road**  
**Fort Lauderdale, FL 33309-2215**

Helicobacter pylori (H. pylori), a curved bacillus, colonizes the upper gastrointestinal tract and has been shown to be the causative agent for most cases of chronic gastritis, duodenitis, and ulcers. H. pylori is also associated with gastric carcinoma. Elimination of H. pylori has been shown to result in a decrease of intestinal inflammation along with healing of the intestinal mucosa.

### YOUR TEST RESULTS ARE:

Test	Result	Units	Reference Interval
H. pylori IgG		U/ml	0.0-0.8

### Evaluation of Results

Negative	0.0-0.8
Indeterminate	0.9-1.0
Positive	>or=1.1

Note: The ordering physician should be familiar with the patient's clinical history prior to selecting an H. pylori IgG test. A relatively large proportion of patients who have positive levels of antibody are asymptomatic even though they are colonized with the H. pylori organism. Therefore, antibody levels do not necessarily correlate with the severity of clinical symptoms. Indeterminate samples should be retested.

## IMMUNO 1 BLOODPRINT™ IgG ELISA Food Sensitivity Assays

### Standard Panel (115 Foods)

Alfalfa	Bean, Yellow Wax	Celery	Corn	Herring	Mushroom	Pea	Pumpkin	Shrimp	Tuna
Almond	Beef	Cheese	Crab	Lamb	Mustard	Peach	Quinoa	Snapper	Turkey
Amaranth	Beet	Cherry	Cranberry	Lemon	Nutmeg	Peanut	Radish	Sole	Walnut
Apple	Brazil Nut	Chicken	Egg	Lentil	Oat	Pecan	Rape Seed (Canola)	Soybean	Wheat
Asparagus	Broccoli	Chili Pepper	Eggplant	Lettuce	Olive	Pepper, B/W	Rice	Spinach	White fish
Avocado	Brussels Sprouts	Cinnamon	Flounder	Lime	Onion	Pepper, Green	Rye	Strawberry	Yam
Banana	Buckwheat	Clam	Garlic	Lobster	Orange	Perch	Safflower	Sugar, Cane	Yeast, Baker's
Barley	Cabbage	Clove	Ginger	Mackerel	Oregano	Pineapple	Sage	Sunflower	Yeast, Brewer's
Bean, Green	Cantaloupe	Cocoa-Chocolate	Grape	Milk, Cow's	Oyster	Plum	Salmon	Tangerine	Zucchini
Bean, Kidney	Carrot	Coconut	Grapefruit	Milk, Goat's	Papaya	Pork	Scallops	Tea	
Bean, Lima	Cashew Nut	Cod	Haddock	Millet	Parsley	Potato, Sweet	Sesame	Tomato	
Bean, Pinto	Cauliflower	Coffee	Halibut	Mung Bean		Potato, White		Trout	

### Comprehensive Panel (154 Foods)

Alfalfa	Bean, Yellow Wax	Cheese	Date	Lamb	Mustard	Pecan	Rabbit	Sesame	Tuna
Almond	Beef	Cherry	Duck	Lemon	Nut, Filbert	Pepper, B/W	Radish	Shrimp	Turkey
Amaranth	Beet	Chicken	Egg	Lentil	Nutmeg	Pepper,	Rape Seed	Snapper	Turnip
Apple	Blackberry	Cinnamon	Eggplant	Lettuce	Oat	Cayenne	(Canola)	Sole	Vanilla
Apricot	Blueberry	Clam	Flounder	Lime	Olive	Pepper, Green	Raspberry	Soybean	Venison
Asparagus	Brazil Nut	Clove	Garlic	Lobster	Onion	Pepper, Red	Rhubarb	Spinach	Walnut, Black
Avocado	Broccoli	Cocoa-Chocolate	Ginger	Mackerel	Orange	Peppermint	Rice	Squash, Yellow	Walnut, English
Banana	Brussels Sprouts	Coconut	Goose	Malt	Oregano	Perch	Rye	Strawberry	Watermelon
Barley	Buckwheat	Cod	Grape, Concord	Melon,	Oyster	Pimento	Safflower	Sugar, Cane	Wheat
Basil	Cabbage	Coffee	Grape, White	Honeydew	Papaya	Pineapple	Sage	Sunflower	White fish
Bay Leaf	Cantaloupe	Corn	Grapefruit	Milk, Cow's	Paprika	Plum	Salmon	Tangerine	Yeast, Baker's
Bean, Green	Carrot	Crab	Greens, Mustard	Milk, Goat's	Parsley	Pork	Sardine	Tapioca	Yeast, Brewer's
Bean, Kidney	Cashew Nut	Cranberry	Haddock	Millet	Pea	Potato, Sweet	Scallops	Tea	Zucchini
Bean, Lima	Catfish	Cucumber	Halibut	Mint	Peach	Potato, White	Sea Bass	Thyme	
Bean, Navy	Cauliflower	Cumin	Herring	Mung Bean	Peanut	Pumpkin	Seed, Caraway	Tomato	
Bean, Pinto	Celery	Currant	Horseradish	Mushroom	Pear	Quinoa	Seed, Dill	Trout	

### Pediatric Panel (88 Foods) - Standard Panel with the following foods eliminated:

Alfalfa	Clam	Flounder	Halibut	Mackerel	Onion	Perch	Scallops	Sole
Asparagus	Coffee	Garlic	Herring	Mushroom	Oyster	Radish	Shrimp	Trout
Chili Pepper	Eggplant	Haddock	Lobster	Mustard	Parsley	Salmon	Snapper	White fish

### Kosher Panel (108 Foods) - Standard Panel with the following foods eliminated:

Clam	Crab	Lobster	Oyster	Pork	Scallops	Shrimp
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### Vegetarian Panel (104 Foods) - Standard Panel with the following foods eliminated:

Beef	Clam	Lamb	Oyster	Scallops	Turkey
Chicken	Crab	Lobster	Pork	Shrimp	

## Additional Assays

### Anti-Gliadin Antibody Assay

IgG and IgA antibodies to Gliadin

### Candida albicans Assay

Immunodiffusion assay to detect all antibody classes and ELISA assay to detect IgG antibodies to Candida albicans

### Helicobacter pylori (H. pylori)

IgG antibodies to H. pylori

### Sub-Fractions (Milk) \* Stand-Alone or Reflex IgG ELISA Assay

Alpha Lactalbumin (ALA)	Bovine Serum Albumin (BSA)	Lactoferrin (LF)
Beta Lactoglobulin (BLG)	Casein	

### Sub-Fractions (Egg) \* Stand-Alone or Reflex IgG ELISA Assay

Egg, White  
 Egg, Yolk

### Tissue Transglutaminase Antibody (tTG)

IgA antibodies to tTG

### Total IgE

Total level of circulating IgE antibodies

*"Your success with consistently reliable lab tests since 1978...guaranteed!"*

## IgE 36 Airborne & Food Allergy Assays

<b>Standard Food/Mold</b> <i>Coverage: Entire United States</i>	<b>Pediatric Food/Mold</b> <i>Coverage: Entire United States</i>	<b>Additional IgE Food</b> <i>Coverage: Entire United States</i>	<b>Environmental</b> <i>Coverage: Entire United States</i>	<b>Pediatric Environmental</b> <i>Coverage: Entire United States</i>	<b>Northeastern Inhalant</b> <i>Coverage: CT, DE, IA, IL, IN, MA, MD, ME, MI, MN, MO, NH, NJ, NY, OH, PA, RI, VT, WI, WV</i>	<b>Southeastern Inhalant</b> <i>Coverage: AL, AR, FL, GA, HI, KY, LA, MS, NC, SC, TN, VA</i>
<p><b>Foods</b>                      Almond                      Barley                      Bean, White                      Bean, Soy                      Broccoli                      Cabbage                      Cauliflower                      Carrot                      Celery                      Cheese, Cheddar                      Clam                      Corn                      Crab                      Egg, White                      Egg, Yolk                      Garlic                      Milk                      Oat                      Onion                      Orange                      Peanut                      Pork                      Potato                      Rice                      Salmon                      Shrimp                      Tomato                      Tuna                      Turkey                      Wheat                      Yeast, Baker's</p> <p><b>Molds</b>                      Alternaria                      Aspergillus                      Candida                      Cladosporium                      Penicillium</p>	<p><b>Animal</b>                      Epithelium, Hamster                      Epithelium, Sheep                      Epithelium, Swine                      Dander, Cat                      Dander, Dog                      Dander, Horse                      Droppings, Pigeon                      Urine, Mouse</p> <p><b>Dust</b>                      Dust, House</p> <p><b>Foods</b>                      Barley                      Bean, Green                      Bean, Soy                      Clam                      Corn                      Crab                      Egg, Whole                      Grape, Concord                      Milk                      Oat                      Orange                      Pea, Green                      Peach                      Peanut                      Pear                      Rice                      Shrimp                      Strawberry                      Tomato                      Wheat                      Yeast, Baker's</p> <p><b>Insects</b>                      Cockroach</p> <p><b>Mites</b>                      Mite, Farinae</p> <p><b>Molds</b>                      Aspergillus                      Candida                      Cladosporium                      Penicillium</p>	<p><b>Foods</b>                      Apple                      Apricot                      Avocado                      Banana                      Basil                      Casein                      Coconut                      Codfish                      Coffee                      Cherry                      Chocolate                      Ginger                      Grape, Concord                      Grapefruit                      Lamb                      Lemon                      Lobster                      Malt                      Mango                      Melon                      Mushroom                      Nut, Hazel                      Nut, Pecan                      Nut, Pistachio                      Oregano                      Pea, Green                      Peach                      Pepper, Green                      Pineapple                      Rye                      Seed, Sesame                      Strawberry                      Sugar Cane                      Trout                      Walnut, Black                      Yeast, Brewer's</p>	<p><b>Animals</b>                      Epithelium, Goat                      Epithelium, Guinea Pig                      Epithelium, Hamster                      Epithelium, Mouse                      Epithelium, Rabbit                      Epithelium, Rat                      Epithelium, Sheep                      Epithelium, Swine                      Dander, Cat                      Dander, Cow                      Dander, Dog                      Dander, Horse                      Droppings, Pigeon                      Feathers, Canary                      Feathers, Chicken                      Feathers, Duck                      Feathers, Goose                      Feathers, Parrot                      Feathers, Turkey                      Urine, Mouse                      Urine, Rat</p> <p><b>Chemicals</b>                      Latex                      Sunflower Seed                      Tobacco</p> <p><b>Insects</b>                      Ant, Imported Fire                      Cockroach                      Hornet, White-faced                      Hornet, Yellow                      Venom, Honey Bee                      Venom, Paper Wasp                      Venom, Yellow Jacket</p> <p><b>Mites</b>                      Mite, Farinae</p>	<p><b>Grasses</b>                      Bermuda                      Kentucky Blue                      Meadow Fescue                      Orchard                      Perennial Rye                      Redtop                      Sweet Vernal                      Timothy</p> <p><b>Trees</b>                      Acacia                      Ash, White                      Birch                      Cedar Mountain                      Cottonwood                      Elm                      Maple                      Mesquite                      Oak                      Olive                      Palm, Queen                      Pine, White                      Pecan                      Sycamore                      Walnut                      Willow</p> <p><b>Weeds</b>                      Dandelion                      English Plantain                      Goldenrod                      Lamb's Quarters                      Marsh Elder, Rough                      Mugwort                      Nettle                      Pigweed                      Ragweed, Common                      Saltbush                      Shadscale                      Sheep Sorrel</p>	<p><b>Animal</b>                      Dander, Cat                      Dander, Dog</p> <p><b>Dust</b>                      Dust, House</p> <p><b>Grasses</b>                      Bahia                      Bermuda                      Meadow Fescue                      Orchard                      Perennial Rye                      Sweet Vernal                      Timothy</p> <p><b>Insects</b>                      Cockroach</p> <p><b>Mites</b>                      Mite, Farinae</p> <p><b>Molds</b>                      Alternaria                      Aspergillus                      Candida                      Cladosporium                      Penicillium</p> <p><b>Trees</b>                      Acacia                      Alder                      Ash, White                      Beech                      Birch                      Cedar, Mountain                      Cottonwood                      Elm                      Maple                      Melaleuca                      Mulberry, White                      Oak                      Pecan                      Pine, White                      Pine, Australian                      Sycamore</p> <p><b>Weeds</b>                      Cocklebur                      English Plantain                      Lamb's Quarters                      Marshelder, Rough                      Mugwort                      Nettle                      Pigweed                      Ragweed, Common                      Sheep Sorrel</p>	<p><b>Animal</b>                      Dander, Cat                      Dander, Dog</p> <p><b>Dust</b>                      Dust, House</p> <p><b>Grasses</b>                      Bahia                      Bermuda                      Timothy</p> <p><b>Insects</b>                      Cockroach</p> <p><b>Mites</b>                      Mite, Farinae</p> <p><b>Molds</b>                      Alternaria                      Aspergillus                      Candida                      Cladosporium                      Penicillium</p> <p><b>Trees</b>                      Acacia                      Alder                      Ash, White                      Beech                      Birch                      Cedar, Mountain                      Cottonwood                      Elm                      Maple                      Melaleuca                      Mulberry, White                      Oak                      Pecan                      Pine, White                      Pine, Australian                      Sycamore                      Walnut</p> <p><b>Weeds</b>                      English Plantain                      Lamb's Quarters                      Marshelder, Rough                      Pigweed                      Ragweed, Common                      Sheep Sorrel</p>

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## IgE 36 Airborne & Food Allergy Assays

<b>Northwestern Inhalant</b> <i>Coverage: AK, ID, MT, ND, NE, OR, SD, WA, WY</i>	<b>Southwestern Inhalant</b> <i>Coverage: AZ, CO, KS, NM, OK, TX, UT</i>	<b>Western Inhalant</b> <i>Coverage: CA, NV</i>	<b>Eastern Combo</b> <i>Coverage: CT, DE, IA, IL, IN, MA, MD, ME, MI, MN, MO, NH, NJ, NY, OH, PA, RI, VT, WI, WV</i>	<b>Southern Combo</b> <i>Coverage: AL, AR, FL, GA, HI, KY, LA, MS, NC, SC, TN, VA</i>	<b>Western Combo</b> <i>Coverage: AK, AZ, CA, CO, ID, KS, MT, ND, NE, NM, NV, OK, OR, SD, TX, UT, WA, WY</i>
<p><b><u>Animal</u></b>                      Dander, Cat                      Dander, Dog</p> <p><b><u>Grasses</u></b>                      Sweet Vernal</p> <p><b><u>Mites</u></b>                      Mite, Farinae</p> <p><b><u>Molds</u></b>                      Alternaria                      Aspergillus                      Candida                      Cladosporium                      Penicillium</p> <p><b><u>Trees</u></b>                      Alder                      Ash, White                      Birch                      Cedar, Mountain                      Cottonwood                      Elm                      Maple                      Oak                      Oak, Live                      Pecan                      Pine, Australian                      Pine, White                      Sycamore                      Walnut</p> <p><b><u>Weeds</u></b>                      Cocklebur                      English Plantain                      Lamb's Quarters                      Marshelder, Rough                      Mugwort                      Nettle                      Pigweed                      Ragweed, False                      Ragweed, Western                      Shadscale                      Sheep Sorrel                      Thistle, Russian                      Wormwood</p>	<p><b><u>Animal</u></b>                      Dander, Cat                      Dander, Dog</p> <p><b><u>Dust</u></b>                      Dust, House</p> <p><b><u>Grasses</u></b>                      Bermuda                      Perennial Rye</p> <p><b><u>Mites</u></b>                      Mite, Farinae</p> <p><b><u>Molds</u></b>                      Alternaria                      Aspergillus                      Cladosporium</p> <p><b><u>Trees</u></b>                      Alder                      Ash, White                      Birch                      Cedar, Mountain                      Cottonwood                      Elm                      Maple                      Mesquite                      Mulberry, White                      Oak                      Oak, Live                      Olive                      Pine, Australian                      Pine, White                      Pecan                      Sycamore</p> <p><b><u>Weeds</u></b>                      Cocklebur                      English Plantain                      Lamb's Quarters                      Marshelder Rough                      Mugwort                      Pigweed                      Ragweed, Western                      Shadscale                      Sheep Sorrel                      Thistle, Russian                      Wormwood</p>	<p><b><u>Animal</u></b>                      Dander, Cat                      Dander, Dog</p> <p><b><u>Grasses</u></b>                      Bermuda                      Johnson                      Kentucky Blue</p> <p><b><u>Insects</u></b>                      Cockroach</p> <p><b><u>Mites</u></b>                      Mite, Farinae</p> <p><b><u>Molds</u></b>                      Alternaria                      Aspergillus                      Candida                      Cladosporium</p> <p><b><u>Trees</u></b>                      Acacia                      Ash, White                      Birch                      Cedar, Mountain                      Cottonwood                      Elm                      Eucalyptus                      Maple                      Oak                      Olive                      Pecan                      Sycamore                      Walnut                      Willow</p> <p><b><u>Weeds</u></b>                      Cocklebur                      English Plantain                      Lamb's Quarters                      Mugwort                      Pigweed                      Ragweed, False                      Ragweed, Western                      Russian Thistle                      Shadscale                      Sheep Sorrel                      Wormwood</p>	<p><b><u>Animal</u></b>                      Dander, Cat                      Dander, Dog</p> <p><b><u>Dust</u></b>                      Dust, House</p> <p><b><u>Foods</u></b>                      Almond                      Bean, Soy                      Clam                      Corn                      Crab                      Egg, Whole                      Garlic                      Milk                      Orange                      Peanut                      Potato                      Rice                      Shrimp                      Wheat                      Yeast, Baker's</p> <p><b><u>Grasses</u></b>                      Bermuda                      Sweet Vernal                      Timothy</p> <p><b><u>Insects</u></b>                      Cockroach</p> <p><b><u>Mites</u></b>                      Mite, Farinae</p> <p><b><u>Molds</u></b>                      Alternaria                      Aspergillus                      Cladosporium                      Penicillium</p> <p><b><u>Trees</u></b>                      Ash, White                      Cottonwood                      Elm                      Maple                      Oak                      Pecan                      Pine, Australian                      Pine, White                      Walnut</p> <p><b><u>Weeds</u></b>                      Cocklebur                      English Plantain                      Lamb's Quarters                      Mugwort                      Ragweed, Common</p>	<p><b><u>Animal</u></b>                      Dander, Cat                      Dander, Dog</p> <p><b><u>Foods</u></b>                      Almond                      Clam                      Corn                      Crab                      Egg, Whole                      Garlic                      Milk                      Orange                      Peanut                      Potato                      Rice                      Shrimp</p> <p><b><u>Grasses</u></b>                      Bahia                      Bermuda                      Timothy</p> <p><b><u>Insects</u></b>                      Cockroach</p> <p><b><u>Mites</u></b>                      Mite, Farinae</p> <p><b><u>Molds</u></b>                      Alternaria                      Aspergillus                      Cladosporium                      Penicillium</p> <p><b><u>Trees</u></b>                      Elm                      Maple                      Melaleuca                      Oak                      Pecan                      Pine, Australian                      Pine, White                      Walnut</p> <p><b><u>Weeds</u></b>                      English Plantain                      Lamb's Quarters                      Pigweed                      Ragweed, Common                      Sheep Sorrel</p>	<p><b><u>Animal</u></b>                      Dander, Cat                      Dander, Dog</p> <p><b><u>Foods</u></b>                      Almond                      Bean, Soy                      Corn                      Egg, Whole                      Garlic                      Milk                      Orange                      Peanut                      Potato                      Rice                      Wheat                      Yeast, Baker's</p> <p><b><u>Grasses</u></b>                      Bermuda                      Timothy</p> <p><b><u>Insects</u></b>                      Cockroach</p> <p><b><u>Mites</u></b>                      Mite, Farinae</p> <p><b><u>Molds</u></b>                      Alternaria                      Aspergillus                      Candida                      Penicillium</p> <p><b><u>Trees</u></b>                      Acacia                      Cedar, Mountain                      Cottonwood                      Elm                      Oak                      Olive                      Pecan                      Walnut</p> <p><b><u>Weeds</u></b>                      English Plantain                      Lamb's Quarters                      Mugwort                      Pigweed                      Ragweed, False                      Wormwood</p>



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